

Townsville Learning and Lifestyle Hub 2 Program Calendar



Program Dates: 01/09/2026 – 30/09/2026

Operating Hours

Monday – Friday
830am – 3:00pm

Contact Us

Client Support

Phone: 1800 122 122

Email: clientsupport@endeavour.com.au



Townsville Learning and Lifestyle Hub 2

Week 1: 01/09/2026 – 06/09/2026

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 830am – 12pm	AUGUST	Supermarket - Purchase cooking ingredients 	Thrive learning 	Closed	Closed
		Cooking program – lunch menu 	Animal Kingdom 		
Lunch Break (12pm – 1pm)					
Afternoon 1pm – 3pm		Ten pin bowling 	Visit from Grammar school – craft activity 		
	Hub Reset 	Hub Reset 	Hub Reset 		

Townsville Learning and Lifestyle Hub 2

Week 2: 07/09/2026 – 13/09/2026

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 830am – 12pm	Client service meeting 	Supermarket - Purchase cooking ingredients 	Supermarket - Purchase baking ingredients 	Closed	Closed
	Thrive learning 	Cooking program – lunch menu 	Baking 		
Lunch Break (12pm – 1pm)					
Afternoon 1pm – 3pm	Golf driving range 	Library - Aitkenvale 	Visit from Grammar school – craft activity 		
	Hub Reset 	Hub Reset 	Hub Reset 		

Townsville Learning and Lifestyle Hub 2

Week 3: 14/09/2026 – 20/09/2026

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 830am – 12pm	Strand exercise 	RAAF Aviation Heritage Centre 	All abilities workout 	Closed	Closed
	Recycling 	Cowboys lunch (\$12 menu) 	Dance North - Bring \$5 Cash please 		
Lunch Break (12pm – 1pm)					
Afternoon 1pm – 3pm	Craft activity 	VR/Puzzles 	Boardgames 		
	Hub Reset 	Hub Reset 	Hub Reset 		

Townsville - Learning and Lifestyle Hub 2

Week 4: 21/09/2026 – 27/09/2026

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 830am – 12pm	Sheriff Park outdoor activities/walk (take morning tea) 	Supermarket - Purchase cooking ingredients 	Bocce at Hub 	Closed	Closed
	Thrive 	Cooking program 	Craft activity 		
Lunch Break (12pm – 1pm)					
Afternoon 1pm – 3pm	Golf driving range 	Library - city 	Ten pin bowling 		
	Hub Reset 	Hub Reset 	Hub Reset 		

Townsville - Learning and Lifestyle Hub 2

Week 5: 28/08/2026 – 30/09/2026

What's On!	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 830am – 12pm	All Abilities workout 	Supermarket - Purchase cooking ingredients 	Thrive 	Closed	Closed
	Townsville Museum 	Cooking program 	Craft activity 		
Lunch Break (12pm – 1pm)					
Afternoon 1pm – 3pm	VR/Puzzles 	Ten pin bowling 	Riverway (take lunch) Outdoor activities/walk 		
	Hub Reset 	Hub Reset 	Hub Reset 		

Townsville - Learning and Lifestyle Hub 2

Activity Descriptions

Activity	Description	Related Skills	Cost
Ten pin bowling 	Whether you are a seasoned pro or a first-timer, this activity offers a fantastic opportunity to socialise and stay active.		\$12
Cooking program 	Build new cooking skills or maintain existing ones in a supportive environment. Participants work together to choose the menu and prepare meals.		\$7
Recycling 	Join your peers on a visit to the recycling centre to collect and return cans. Funds raised are saved and used to support future group activities and events.		
Thrive 	Thrive is a capacity-building program that supports participants to develop practical life skills, including independent living, safety, healthy eating, technology, and fitness.		

Townsville - Learning and Lifestyle Hub 2

Activity Descriptions

Activity	Description	Related Skills	Cost
Dance North activity 	Dance, move and have fun with Dance North while building confidence, friendships and wellbeing in a welcoming community setting.		\$5 cash
Gardening 	Grow plants, grow skills! Gardening supports teamwork, learning, and wellbeing.		
Library 	Participants visit the local library to explore books, build reading skills, and connect with the community.		
Baking 	Learn baking skills while building confidence and enjoying time together in the kitchen.		\$4

Learning and Life Skills Icons and Definitions



Foundation Skills supports skill development in literacy and numeracy, with a focus on scaffolding learning from base line concepts to increasingly complex written, reading, viewing, listening and comprehension tasks. Foundation Skills also seeks to develop numeracy and mathematical skills in concepts including number, measurement, geometry, probability and statistics.



Life Skills focuses on day-to-day tasks, such as cooking and domestic skills, hygiene, organisational skills, budgeting, home maintenance, public transport and public safety and interactive tasks such as banking and social activities.



Utilising local connections and support, **Social Engagement** supports people to attend and interact with local people, areas and events. It also means that those interactions can also occur at a local Endeavour site.



Healthy Body / Healthy Mind focuses on being active, making healthy choices and being responsive to a person's mental and physical wellbeing. It supports people to take care of themselves and their family and friends and directs people to make right choices when it comes to a person's health and lifestyle activities.



Recreation provides people with the opportunity to having fun, making connections and simply doing what makes you happy Recreation focuses on connecting with friends, doing fun things at home, at a centre or in the community, or simply taking time to relax and unwind.



Technology utilises current materials, components, tools, equipment and techniques to design, make and record solutions. It draws on traditional and new types of technology, including computers, tablets, smart phones, virtual technologies, robotics, coding, digital photography, video and music to support people to describe, draw and model ideas and create content.



Employment focuses on developing skills needed for work. Whether it's work experience, volunteer or paid employment, people will undertake both theory and practical applications to learn those skills required to know what type of work a person is interested in, search for work, apply for and undertake interviews, explore ideas appropriate dress and language and behaviour when in the workplace.



Passion & Hobbies is all about doing the things you love! It could be skill development, or launching your own online business, or simply exploring a creative outlet as a hobby. Whether it's the bush or ocean, growing flowers or vegies or even collecting eggs from hens in the backyard, It might mean conducting experiments to see how things work, or taking time out to literally smell the roses. If it makes you smile; if you lose track of time doing it, then this is what passion projects & hobbies is all about.



Special Events enables communities to come together. Whether competitively in events like 'Battle of the Bands', celebrating calendar events like Australia Day or hosting monthly BBQ's, special events provide an opportunity for people to show off their talents or participate in local community events (i.e. Show Day).



Activity Fees will be required to participate in some sessions. Fees cover the cost of ingredients or venue fees charged by some venues.

Foundation Skills

Support and development in areas relating to:

- Reading, writing, comprehension
- Speaking, communication
- Numbers, Addition, Subtraction
- Measurement, Size
- Signing, e.g. Pecs, Makaton, key word sign

Life Skills

Support for activities relating to:

- Home and domestic skill
- Cooking
- Shopping
- Personal care
- Budgeting, banking and other money skills
- Safety and public transport Maintenance (home, vehicles)

Social Engagement

Supporting people to attend and interact with:

- Library
- Bunnings
- Men's Shed
- Ladies Group
- Music e.g. Battle of the Bands
- Drumming Circle
- Volunteering Healthy

Body / Healthy Mind

Focusing on:

- Physical wellbeing
- Personal relationships
- A person's mental, emotional and social wellbeing
- Outdoor/indoor activities e.g. Gym, Sailability, Martial Arts, Yoga, Sport

Technology

Learning activities and support relating to:

- Computers
- Virtual Reality
- Robotics
- Coding
- Safety (on the web, using devices)
- Smart phones, tablets and other devices
- 3D printing

Recreation

Activities that support people to:

- Art and craft - Art groups
- Bowling
- Photography and video
- Music (listening to, playing)
- Fishing
- Bingo and other games

Employment

Support to enhance a person's ability to search for and obtain meaningful employment via:

- Work placement / pracs
- Resume and letter writing
- Interview skills
- Grooming and dress sense

Passion & Hobbies

Projects or activities that are specific to a person or groups of people:

- Furniture restoration
- Woodworking
- Activities that relate to the outdoors - gardening, chooks, bushwalking
- Understanding how things work (gadgets & experiments)

Special Events

Activities/Events that bring people together:

- Australia Day, Anzac Day,
- Easter, Christmas
- Melbourne Cup, Show Day
- Site Open Day